



## 4 Week Cookery Course

Like entertaining friends or family at home, or just want to brush up on your culinary skills? This cookery course is designed to show you how to prepare simple, interesting and stylish food from around the world. The course is given by Ballymaloe-trained cook, Sinéad, and is perfect for those with a little cookery knowledge or none at all. At the end of the 4 weeks you should be able to wow your friends and family with a variety of great meals!

Thursday, 28<sup>th</sup> September

***A Taste of Ireland***

Thursday, 5<sup>th</sup> October

***A Taste of Italy***

Thursday, 12<sup>th</sup> October

***A Taste of Thailand***

Thursday, 19<sup>th</sup> October

***Quick & Easy Midweek Suppers***

Classes are limited to a maximum number of 8 and a minimum of 4 persons, and at each session you will receive copies of all recipes and a chance to sample the food of the evening in a relaxed, informal and fun atmosphere.

<b>Type of Course:</b>	Demonstration
<b>Venue:</b>	St. Judes B&B, 110 Lower Salthill.
<b>Times:</b>	7.00pm - 9.30pm
<b>No. of Sessions:</b>	4
<b>Price:</b>	€150

For more information, or to book a place, contact Sinéad at 087 9684297 or 091 521619, or email [sinead@love2cook.ie](mailto:sinead@love2cook.ie). €50 deposit required to secure a place.